



SGT UNIVERSITY

FIRST AID TRAINING FOR COMMUNITY



WHAT IS FIRST AID?

First aid is an important tool in quickly responding to accidents to ensure that injuries can be efficiently and promptly dealt with before a trained medical professional arrives to administer more specialized treatment. The aim of first aid are to preserve life, prevent harm and promote recovery.

WHAT IS THE OUTCOME?

After completion of this training, the participants will be able to:

- Identify different types of conditions which require first aid.
- Perform various lifesaving skills.

WHAT IT INCLUDES?

➤ COURSE OVERVIEW:

- Hands only CPR
- Chocking management
- Bandaging
- Lifting and shifting of patient with fracture or accident
- Epistaxis management
- Burns management for different age groups
- Snake bite management

WHO CAN ENROLL IN IT?

- Teachers, drivers ,conductors, guards or anyone from the community.

CERTIFICATION:

- This course is certified by NRSC, SGTU.

DURATION:

1 Day



CONTACT DETAILS:

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COURSES OFFERED AT NRSC

INTRODUCTION TO CRITICAL CARE NURSING COURSE: It is a concise but still comprehensive 6 days training program scheduled for nurses who have no experience in ICU and looking to work in ICU.

BASIC LIFE SUPPORT COURSE: Basic life support is a level of medical care which is used for victims of life-threatening illnesses or injuries until they can be given full medical care at a hospital. This course refers to the type of care that first-responders, healthcare providers and public safety professionals provide to anyone who is experiencing cardiac arrest, respiratory distress or an obstructed airway.

NEONATAL INTENSIVE CARE COURSE: It is a comprehensive training for the nurses working in neonatal intensive care unit to advance their knowledge, skills and decision making. This includes vast areas of regular essential care of newborn as well as the advance procedures required for sick newborns. After certification, nurses will be able to provide quality care to the newborns admitted in hospital.

ADVANCE CARDIAC LIFE SUPPORT COURSE: Advance cardiac life support course teaches the student to identify and intervene in cardiac dysrhythmias including cardiopulmonary arrest, stroke and acute coronary syndrome. The purpose of the training is to increase adult survival rates for cardiac and neurologic emergencies.

FOUNDATIONAL OPERATION THEATRE COURSE FOR NURSES : It is the need of hour that the nurses should be trained before they start working in Operation theatre for efficient and effective services which is a key factor of decreased medical error before, during and after surgical procedure. This 5 day course is a platform to provide a high quality training to the nurses who are passionate to work in operation theatre.

ESSENTIAL CARE FOR SMALL BABIES COURSE: This program is suite of evidence- based hands-on training programs by the American Academy of Pediatrics (AAP) by using World Health Organization (WHO) guidelines to reduce neonatal mortality and morbidity over the globe. This program is designed to train in skills required to manage well small babies and develop communication and counseling skills to interact with the mother and family.

NEW NURSES COMPETENCY COURSE: This course is a core mandatory training with simulation-based scenarios and relevant clinical exposure over 6 days, to give nurses the practical information and skills they will need to begin their new jobs to deliver excellent quality of care. Nurses play a central role because patient outcomes hugely depend on the quality of nursing care delivered in addition to the medical care.

BLANKET TRAINING : Blanket training for the nursing staff is a kind of refresher course for updating the knowledge and skills and to bridge the gap between the initial training and current expectations in the competitive health care environment.

EMERGENCY MANAGEMENT CERTIFICATION COURSE: This course is designed to educate and train the key personals in emergency department, the nurses in advanced aspect of emergency care. The highlight of the course is real – life emergency simulation that gives the participants and opportunity to use the theory and skills they have learnt during the course.

COMPETENCY COURSE FOR MIDWIVES: This course is a specially designed midwifery kit for professionals who hanker to enrich and enhance learning with an ultimate aim to achieve high quality patient care in labor room. This six days training involves simulation based scenarios. Case studies and critical thinking would aid the nurses to undergo the path of excellence in nursing care and lesser incidence of perinatal mortality and morbidity.

SKILL COURSES:

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| 1. AIRWAY MANAGEMENT. | 9. OCCIPITO POSTERIOR & FORCEP DELIVERY. |
| 2. CPR WITH AED | 10. VACCUME DELIVERY |
| 3. INVASIVE PROCEDURES DEFIBRILLATION/
PACING/ CAEDIOVERSION. | 11. NORMAL VAGINAL DELIVERY & PV
EXAMINATION. |
| 4. SHOULDER DYSTOCIA. | 12. CARDIOTOCOGRAPHY. |
| 5. BREECH DELIVERY | 13. CPR IN PREGNANT WOMAN. |
| 6. COMPREHENSIVE IUCD TRAINING | 14. ANTENATAL AND BREAST EXAMINATION. |
| 7. MANUAL REMOVAL OF PLACENTA & PPH
MANAGEMENT | 15. NEWBORN RESUSCITATION. |
| 8. AMTSL & PLACENTAL EXAMINATION | 16. KMC, NASOGASTRIC/OROGASTRIC INSERTION
& FEEDING & BREAST MILK EXPRESSION. |

SHORT COURSES:

1. MEDICAL EMERGENCIES.
2. FLUID AND ELECTROLYTE MANAGEMENT.
3. NEWBORN RESUSCITATION.
4. INFECTION CONTROL.
5. COMPREHENSIVE FAMILY PLANNING TRAINING.
6. ECG